



2023 SD YST Charity Invite
Hosted by Yankton Swim Team
June 10-11, 2023
Sanction # SD202237

- Sanction:** This meet is held under the sanction of South Dakota Swimming Inc and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, the City of Yankton, and Yankton Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event (202.4.10).
- Location:** Huether Family Aquatics Center, 20202 Douglas Ave, Yankton, SD 57078
- Course:** 50 meter pool; 8 lanes with wave-calming dividers; 8 lanes will be used for competition; Daktronics timing system with manual backup. In the event of a timing console failure, meet will continue with manual timing with three (3) watches per lane, each operated by a separate timer. The competition course has not been certified in accordance with 104.2.2C(4).
- Audio/Visual Recording:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.4.11 H).
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. (103.13). Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.
- MAAPP:** All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. (202.4.11 M)
- Deck Changing:** Deck Changes are prohibited (202.4.11 I).
- Water Depth:** Starting end depth 13 ft; midpoint depth 7ft 4in; turn end depth 4ft. Turn end water depth meets USAS minimum requirement for racing starts per rule 103.2.3.
- Format:** This will be a combined meet. Events will be swum as Timed finals. Mixed relays must have 2 boys and 2 girls. All distance swimmers swimming the 800 and 1500 meter free must provide their own timers and counters.
- Starting Times:** The meet will be held in four sessions (two per day). The meet will begin at 10:00 a.m. The second/fourth session of warm-ups will be immediately following the conclusion of the morning session, but not prior to 12:30 p.m.
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| <u>Session 1 – Saturday, June 10th</u>
8:30 to 9:05 a.m. – Warm-up Group A*
9:10 to 9:45 a.m. – Warm-up Group B*
10:00 a.m. – Meet Starts | <u>Session 2 – Saturday, June 10th</u>
Warm-ups will begin immediately after the morning sessions but not before 12:30 p.m. Approximate warm-up and start times will be provided after the meet is seeded. |
| <u>Session 3 – Sunday, June 11th</u>
7:30 to 8:05 a.m. – Warm-up Group A*
8:10 to 8:45 a.m. – Warm-up Group B*
9:00 a.m. – Meet Starts | <u>Session 4 – Sunday, June 11th</u>
Warm-ups will begin immediately after the morning sessions but not before 11:30 p.m. Approximate warm-up and start times will be provided after the meet is seeded. |
- *Please note that if there is not a need for 2 sessions of warm-ups during any session, "Warm-Up Group A" will be removed. All coaches will be notified of any changes to warm-ups by Wednesday, June 7th at 6:00 p.m. CST.
- Meetings:** The Official's meeting will be at 9:00 a.m. and coach's meeting at 9:45 a.m. on Saturday and 8:00 am and 8:45 am on Sunday. Both meetings will be held in the hospitality tent. Additional coaches' meetings will be held at the discretion of the meet referee. There will be Timer's meetings 15 minutes prior to the start of sessions 1 and 3 at the start end of the pool.



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- Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. (202.5.3) Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.4.11 D). Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming and in good standing. No coach or official will be permitted to be on deck without proof of current USA Swimming Certification using the USA Swimming app or printed USA Swimming member card and a photo identification.
- The age of the swimmer on the first day of the meet determines the age of the swimmer for the entire meet. No Swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 (202.4.11 E).
- Deck Registration:** On Deck USA Swimming registration will not be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee. If allowed, deck entries will not be scored. Associated event fees must be paid at the time of deck entry. Payment shall be submitted as cash or check to the timing table.
- Scoring:** This will be a high point meet. 8 place scoring will be used for all events: Individual Event scoring: 9-7-6-5-4-3-2-1. Relay Scoring: 18-14-12-10-8-6-4-2. Scoring is used for both the individual high point awards and for the team point configuration for the donation to the local charity of winning teams.
- Event Limit:** Swimmers may swim a maximum of 7 individual events for the meet, but no more than 5 per day. Swimmers may swim 2 relay events for the meet, but no more than 1 per day.
- Meet Length:** USA Swimming Rules require that with the exception of championship and open water meets, events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours or less per session (prelims, finals, timed finals) for swimmers 12 years and younger. Events for the same 12 & under swimmers shall be limited to one session per day, except for prelim/final meets where events for 12 & under swimmers may be offered in both prelims and finals. (205.3.1 F) Entries will be inputted in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Relays may be eliminated in order to comply with the 4-hour rule.
- Seeding:** All events will be pre-seeded slowest to fastest (and some mixed boys and girls events). Please report scratched swimmers 30 minutes prior to the start of the session.
- Time Trials:** There will be no timed trials.
- Awards:** Awards will be given to the following age groups in each gender: 8 & under, 9-10, 11-12, 13-14, 15 & over.
Individual and Relay Events: Ribbons 1st -8th place



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High Point Awards: Medals 1st-3rd place, Ribbons 4th-8th place
Team-1st Place \$150 charity donation, 2nd place \$100 charity donation, 3rd Place \$50 charity donation
Teams should select a charity and have name and address info for the charity of their choice when they come to the meet so checks can be written the same day and teams can take the check and deliver it to their charity.

Entries: Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: Stephanie Marlette, yanktonswimao@gmail.com . Mail a printed copy of the entries and a check for entry fees payable to Yankton Swim Team. Mail to: PO Box 374, Yankton, SD 57078

Fees:

SD Head Tax:	\$5.00 per swimmer
Individual Events:	\$5.00 per event
Relay Events:	\$6.00 per relay
Facility Fees:	\$12.00 per swimmer

There will be **NO REFUNDS** of fees (other than refunds due to the need to comply with the four-hour time limit for swimmers 12 & under).

Deadline: All entries and entry fees must be received no later than May 31st by 11pm.

Protests: Protests of any kind must be submitted to the referee in writing and will only be from the team coach. All other protest rules are governed by Article 102.23. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Officials: Meet Director: Stephanie Marlette; 605-645-2933
Referee: Edie Mueller
Administrative Official: Stephanie Marlette
Starter: Corey Wright
Head Stroke & Turn: Cassi Pietz
Marshalls: Brett Marlette and Kelli Fink
Head Timer: Chris Jacobson

All South Dakota teams should abide by the minimum officials expectations as outlined in the SD Policy and Procedure manual 6.7.

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming Members for the current year. Meet Officials will meet the requirement of Article 202.5.5.

All Registered Officials are welcome and needed to volunteer for the meet.

Programs: Programs will be sold for \$10.

Concessions: A concession stand will be open during the entire meet.

Hospitality: A hospitality tent will be available during the entire meet for officials and coaches. There will be food and beverages available at no charge.

Other: There are male and female changing areas complete with showers and restroom facilities within the bathhouse. The Huether Family Aquatics Center and Memorial Park are city of Yankton public facilities. Therefore, no alcohol or tobacco usage is allowed upon the pool deck or adjoining park properties. No coolers will be allowed on the pool deck or within the pool gates. Swimmers may have drinks and snacks in their bags. Please eat meals in the picnic areas and clean up all trash. Sunflower seeds will not be allowed within the pool gates. Camping will be allowed in areas surrounding the pool deck, outside the pool gates, and in the park. Stakes are allowed in the park and outside the pool gates, but not within the pool gates. There is a parking lot on the south side of the pool and additional parking on the east side and surrounding the park. The meet entrance is on the south side, next to the parking lot. To use the waterpark, spectators must buy a pass at the front desk located in the bathhouse.



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Weather Policy: LIGHTNING OR STORM: If there is lightning within a 20-mile radius or thunder is heard, the pool will be cleared. No swimming will resume until 20 minutes after the last flash of lightning or sound of thunder. Meet cancellations will be at the discretion of the referee and YST board.

TORNADO/SEVERE WEATHER WARNING: Signaled by the City emergency warning siren. Immediately clear the pool and deck. Direct swimmers to the locker rooms. Keep away from windows. Do not let unattended children leave the facility until the all clear is announced. Strongly urge adults to stay. Advise that they leave at their own risk.

Order of Events:

Session 1

SATURDAY – SESSION 1 – 10:00 AM

Event Number	Age Group	Event
1	Mixed 11 & Over	400 Freestyle
2	Mixed 12 & Under	50 Backstroke
3	Mixed 11 & Over	200 Breaststroke
4	Mixed Open	100 Butterfly
5	Mixed 11 & Over	200 Backstroke
6	Mixed 12 & Under	50 Breaststroke
7	Mixed Open	200 IM
8	Mixed Open	100 Freestyle
9	Mixed 12 & Under	200 Medley Relay
10	Mixed 13 & Over	400 Medley Relay

Session 2

SATURDAY – SESSION 2 – Time TBD, not sooner than 1:00 PM

Event Number	Age Group	Event
11	Mixed 13 & Over	1500 Freestyle

Session 3

SUNDAY – SESSION 3 – 10:00 AM

Event Number	Age Group	Event
12	Mixed 11 & Over	400 IM
13	Mixed Open	50 Freestyle
14	Mixed 11 & Over	200 Butterfly
15	Mixed Open	100 Backstroke
16	Mixed 12 & Under	50 Butterfly
17	Mixed Open	100 Breaststroke
18	Mixed Open	200 Freestyle
19	Mixed 12 & Under	200 Freestyle Relay
20	Mixed 13 & Over	400 Freestyle Relay

Session 4

SUNDAY – SESSION 4 – Time TBD, not sooner than 12:00 PM

Event Number	Age Group	Event
21	Mixed 13 & Over	800 Freestyle

Swimmers in the 800 free and 1500 free need to provide their own timers and counters.



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South Dakota Swimming Warm-Up Procedures

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm up at the assigned time.
- 8.4 General Warm-ups:
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
 - (2) Warm-ups should last a minimum of 35 minutes for 13&over or Open Sessions and a minimum of 25 minutes for 12&Under Sessions, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
 - (3) Feet-first, seated slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 Starts (Specific Warm-ups):
- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
 - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
 - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
 - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
 - (5) There shall be one start end during warm-ups.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
- (1) Swimmers must be supervised by a USA Swimming member Coach.
 - (2) Supervising Lifeguards must agree to enforce warm up rules as instructed by Meet Referee or their designee.
 - (3) There will be no diving
 - (4) Circle Swimming only
 - (5) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

EXHIBIT #9 (10/27/18)