

Siouxland Sharks Summer Splash

June 18th, 2022

- SANCTION:** The Meet is held under the sanction of USA Swimming and Midwestern Swimming, Inc.
Sanction number: MWS22025
- It is understood and agreed that USA Swimming, Midwestern Swimming, Inc., and Siouxland Sharks shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- DISCLAIMER:**
- SLS has taken enhanced health and safety measures for all athletes, officials, and family members. Participants must follow all posted instructions while in and around the venue of Norm Waitt Sr YMCA / Scenic Park. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, people with underlying medical conditions are especially vulnerable. By attending and participating in this activity, participants voluntarily assume all risks related to exposure to COVID-19.
 - To Parents: USA Swimming, Inc., cannot prevent you or your children from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
 - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, AND MIDWESTERN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
- LOCATION:** Norm Waitt Sr YMCA/Scenic Park
601 Riverview Dr, South Sioux City NE 68776
- POOL:**
- Outdoor 50-meter pool. Six racing lanes with starting blocks at one end. Daktronic timing system with touch pads and scoreboard.
 - The water depth of the competition pool measured for a distance of 3' 3 1/2" (1.0 meter to 16' 5" (5.0 meters) from the start wall is 8'5" to 7'5" and the water depth at the end or turn wall when measured for a distance of 3' 3 1/2" to 16' 5" (5.0 meters) is 4' to 4'2". (USA-S Rule 202.3.4.D.)
 - Pool has not been certified in accordance with 104.2.2C(4).
- FACILITY:**
- Team tents & personal tents will be allowed in the pool area and are recommended. Tents will be allowed in pool area Saturday morning.
 - Locker rooms and showers will be available.
 - Concessions will be available for the entire meet if permitted.
 - Clubs will be notified if there are any changes in venue requirements.
 - SLS and NWSYMCA reserve the right to remove from the premises any individual who might jeopardize safety and facility privileges.
 - Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - Gender neutral/family facilities are not available at this facility since it was built before current codes apply. To accommodate the needs of individuals, please contact swim_sls@yahoo.com if you need family or gender neutral changing spaces.
- SCHEDULE:**
- | | Warm-ups Start At | Meet Starts At |
|------------------|-------------------|----------------|
| Saturday: | 8:00 a.m. | 9:00 a.m. |
- MEET DIRECTOR:** Heather Farris (712) 899-3006
Email: swim_sls@yahoo.com

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- OFFICIALS:** Referee: Dan Patee Administrative Official: Sara Oelke
Marshals: Jerrod Henrich & Taylor Anthony
- MEET FORMAT:** Age Group – swum together, placed separately; Timed Finals
- DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete’s coach) is also responsible for notifying the Deck Referee of any disability prior to competition.
- RULES:** Current USA Swimming Rules and Midwestern Rules will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- CREDENTIALS:**
- Presentation of current coach credentials will be required at coach sign-in. Credentials shall be available at all times. Deck Pass is acceptable proof of USA Swimming registration.
 - In accordance with MWS Policy, only those coaches with current, valid USA Swimming credentials available will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- ELIGIBILITY:**
- All swimmers, coaches and clubs must be currently registered with USA Swimming.
 - NO on deck registration permitted. NO late entries permitted.
 - Athletes who appear as unregistered on the first pre-meet recon must register with Midwestern or own LSC immediately. A second pre-meet recon will be run 4 days prior to the start of the meet and any unregistered MWS athlete that appears on that list must register with Midwestern Swimming and will be charged an additional \$30.00 above the current MW registration fee and must provide proof of registration before being allowed to swim in the meet. Meet management must delete unregistered athletes from the meet file prior to meet commencement.
 - The age of the swimmer on June 18th, 2022 determines the age of the swimmer for the meet.
 - Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
- EVENT LIMITS:**
- Swimmers may enter six (6) individual events.
 - No Time Trials
- ENTRY FEES:**
- | | |
|----------------------------|--------|
| Individual Events: | \$4.00 |
| MW Splash Fee per swimmer: | \$6.50 |
| Facility Fee | \$8.00 |
- ENTRIES PROCEDURE:**
- Entries may be submitted either in electronic format by club (electronic meet entry files with hard copy) or via email for swimmers entering without a club.
 - Check or money order must accompany entries or all fees paid prior to the start of the meet.
 - Make checks payable to **Siouxland Sharks, NO REFUNDS.**
 - Any entries submitted will be verified within 48 hours of receipt.
- ENTRY DEADLINE:**
- 9:00pm, Wednesday, June 8, 2022
 - Psych sheets will be sent to club entry chairs within 24 hours of the entry deadline. Clubs will have 48 hours after psych sheets are sent to make corrections
- ENTRY CHAIR:** Heather Farris
3225 Jackson, Sioux City, IA 51104
(712) 899-3006 (cell) swim_sls@yahoo.com (email)
- GENERAL MEET CONDUCT:**
- Exhibition swimming will be allowed.
 - All events will be timed finals.
 - All events are pre-seeded.
 - All events will be swum slowest to fastest.

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- Swimmers 19 and over will be seeded with the 18 and under swimmers but will be placed separately.
- If possible, report all scratches ahead of time.
- Fly-over starts may be used.
- Starts will be off blocks in the deep end of the pool. Any shallow end start will be in the water.

WARM-UP PROCEDURES:

- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
- Each team will be assigned lanes for warm-ups. No starts will be allowed for the first 30 minutes of warm-ups.
- Swimmers are to sit and slide entering the water.
- During the last 30 minutes of warm-ups, all lanes will be used for sprints and starts. Swimmers may swim in one direction only from deep to shallow.

TEAM SUPERVISION:

- Deck changes are prohibited
- Only registered coaches, swimmers, and officials will be allowed on the pool deck.
- Each team must provide a responsible adult with current USA Swimming non-athlete membership to supervise its swimmers at all times.

SCORING:

- No team score will be kept.

AWARDS:

- Ribbons will be awarded for individual events 1st through 6th place in each event.
- Results of open events will be broken down into 8 & Under, 9-10, 11-12, 13-14, and 15-18.
- 19 & Over will not receive any awards.

MEET RESULTS:

- Results will be posted on the MW website at www.mwswim.org.

CONCESSIONS:

- Meet programs and food items will be available at the concession stand.
- Coaches' packets will be available.

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ORDER OF EVENTS

<u>GIRLS Event</u>		<u>BOYS Event</u>
<u>#</u>	<u>Events</u>	<u>#</u>
1	50 Breast 12 & Under	2
3	100 Free Open	4
5	200 Fly 11 & Up	6
7	200 IM Open	8
9	50 Free Open	10
11	100 Breast Open	12
13	200 Free 9 & Up	14
15	50 Backstroke 12 & Under	16
17	100 Fly Open	18
19	200 Backstroke 11 & Up	20
21	50 Fly 12 & Under	22
23	100 Backstroke Open	24
25	200 Breaststroke 11 & Up	26
27	400 Free 11 & Up	28