

Siouxland Sharks Summer Splash

June 17, 2023

- SANCTION:** The Meet is held under the sanction of USA Swimming and Midwestern Swimming, Inc. Sanction number: MWS23030
- It is understood and agreed that USA Swimming, Midwestern Swimming, Inc., and Siouxland Sharks shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- LOCATION:** Norm Waitt Sr YMCA/Scenic Park
601 Riverview Dr, South Sioux City NE 68776
- POOL:**
- Outdoor 50-meter pool. Six racing lanes with starting blocks at one end. Daktronic timing system with touch pads and scoreboard.
 - The water depth of the competition pool measured for a distance of 3' 3 1/2" (1.0 meter to 16' 5" (5.0 meters) from the start wall is 8'5" to 7'5" and the water depth at the end or turn wall when measured for a distance of 3' 3 1/2" to 16' 5" (5.0 meters) is 4' to 4'2". (USA-S Rule 202.3.4.D.)
 - Pool has not been certified in accordance with 104.2.2C(4).
- FACILITY:**
- Certified lifeguards will be present during the meet. Facility has access to an AED, backboards, lifeguard tubes and shepherd's crooks. The facility does not offer athletic trainers or rehab facilities.
 - Team tents & personal tents will be allowed in the pool area and are recommended. Tents will be allowed in pool area Saturday morning.
 - Locker rooms and showers will be available.
 - Concessions will be available for the entire meet if permitted.
 - Clubs will be notified if there are any changes in venue requirements.
 - SLS and NWSYMCA reserve the right to remove from the premises any individual who might jeopardize safety and facility privileges.
 - Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - Gender neutral/family facilities are not available at this facility since it was built before current codes apply. To accommodate the needs of individuals, please contact hfarris7@icloud.com if you need family or gender neutral changing spaces.
- SCHEDULE:**
- | | Warm-ups Start At | Meet Starts At |
|------------------|-------------------|----------------|
| Saturday: | 7:00 a.m. | 8:00 a.m. |
- MEET DIRECTOR:** Heather Farris (712) 899-3006
Email hfarris7@icloud.com
- OFFICIALS:** Referee: Dan Patee Administrative Official: Sara Oelke
Marshals: Jerrod Henrich & Taylor Anthony
- MEET FORMAT:** Age Group – swum together, placed separately; Timed Finals
- DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the Deck Referee of any disability prior to competition.
- RULES:** Current USA Swimming Rules and Midwestern Rules will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that

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they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

CREDENTIALS:

- Presentation of current coach credentials will be required at coach sign-in. Credentials shall be available at all times. The USA Swimming App is acceptable proof of USA Swimming registration.
- In accordance with MWS Policy, only those coaches with current, valid USA Swimming credentials available will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

ELIGIBILITY:

- All swimmers, coaches and clubs must be currently registered with USA Swimming.
- NO on deck registration permitted. NO late entries permitted.
- Athletes who appear as unregistered on the first pre-meet recon must register with Midwestern or own LSC immediately. A second pre-meet recon will be run 4 days prior to the start of the meet and any unregistered MWS athlete who appears on that list must register with Midwestern Swimming and will be charged an additional \$30.00 above the current MW registration fee and must provide proof of registration before being allowed to swim in the meet. Meet management must delete unregistered athletes from the meet file prior to meet commencement.
- The age of the swimmer on June 17, 2023 determines the age of the swimmer for the meet.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

EVENT LIMITS:

Swimmers may enter FIVE (5) individual events.
No Time Trials

ENTRY FEES:

| | |
|----------------------------|--------|
| Individual Events: | \$4.00 |
| MW Splash Fee per swimmer: | \$4.00 |
| Facility Fee | \$8.00 |

ENTRIES

PROCEDURE:

- Entries may be submitted either in electronic format by club (electronic meet entry files with hard copy) or via email for swimmers entering without a club.
- Check or money order must accompany entries or all fees paid prior to the start of the meet.
- Make checks payable to **Siouxland Sharks, NO REFUNDS.**
- Any entries submitted will be verified within 48 hours of receipt.

ENTRY

DEADLINE:

- 9:00pm, Wednesday, June 7, 2023
- Psych sheets will be sent to club entry chairs within 24 hours of the entry deadline. Clubs will have 48 hours after psych sheets are sent to make corrections

ENTRY CHAIR:

Heather Farris
3225 Jackson, Sioux City, IA 51104
(712) 899-3006 (cell) hfarris7@icloud.com (email)

GENERAL MEET

CONDUCT:

- Exhibition swimming will be allowed.
- All events will be timed finals.
- All events are pre-seeded.
- All events will be swum slowest to fastest.
- Swimmers 19 and over will be seeded with the 18 and under swimmers but will be placed separately.

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- If possible, report all scratches ahead of time.
- Fly-over starts may be used.
- Starts will be off blocks in the deep end of the pool. Any shallow end start will be in the water.

**WARM-UP
PROCEDURES:**

- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
- Each team will be assigned lanes for warm-ups. No starts will be allowed for the first 30 minutes of warm-ups.
- Swimmers are to sit and slide entering the water.
- During the last 30 minutes of warm-ups, all lanes will be used for sprints and starts. Swimmers may swim in one direction only from deep to shallow.

**TEAM
SUPERVISION:**

- Deck changes are prohibited
- Only registered coaches, swimmers, and officials will be allowed on the pool deck.
- Each team must provide a responsible adult with current USA Swimming non-athlete membership to supervise its swimmers in the on deck area.

SCORING:

No team score will be kept.

AWARDS:

- Ribbons will be awarded for individual events 1st through 6th place in each event.
- Results of open events will be broken down into 8 & Under, 9-10, 11-12, 13-14, and 15-18.
- 19 & Over will not receive any awards.

MEET RESULTS:

Results will be posted on the MW website at www.mwswim.org.

CONCESSIONS:

Meet programs and food items will be available at the concession stand. Coaches' packets will be available.

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ORDER OF EVENTS

| <u>GIRLS Event</u> | | <u>BOYS Event</u> |
|--------------------|----------------------------|-------------------|
| <u>#</u> | <u>Events</u> | <u>#</u> |
| 1 | 50 Breast 12 & Under | 2 |
| 3 | 100 Free Open | 4 |
| 5 | 200 Fly 11 & Over | 6 |
| 7 | 200 IM Open | 8 |
| 9 | 50 Free Open | 10 |
| 11 | 100 Breast Open | 12 |
| 13 | 200 Free 9 & Over | 14 |
| 15 | 50 Backstroke 12 & Under | 16 |
| 17 | 100 Fly Open | 18 |
| 19 | 200 Backstroke 11 & Over | 20 |
| 21 | 50 Fly 12 & Under | 22 |
| 23 | 100 Backstroke Open | 24 |
| 25 | 200 Breaststroke 11 & Over | 26 |
| 27 | 400 Free 11 & Over | 28 |