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| **Norfolk YMCA Aquajets Y League Meet**  **January 19, 2019** | | |
|  | In granting this approval it is understood and agreed that USA Swimming and Midwestern Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. | |
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| **Location**: | Norfolk Family YMCA Pool 301 West Benjamin Ave., Norfolk, NE 402/371-9770 | |
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| **Pool**: | 25 yard, 6 lane pool, anti-turbulent lane markers, starting blocks. The water depth of the competition pool measured for a distance of 3’ 3 1/2” (1.0 meter) to 16’ 5” (5.0 meters) from the start wall is 12’5” to 10’9” and the water depth at the end or turn wall when measured for a distance of 3’ 3 ½” (1 meter) to 16’ 5” (5.0 meters) is 4’ to 4’6”. USA-S Rule 202.3.4.D. Timing and place judging equipment is a fully automatic Colorado 6, complete with touch pads at one end, Electronic horn start and LED scoreboard.  The competition course has not been certified in accordance with 104.2.2C(4). | |
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| **Times**: | Warm-ups: 9:00 a.m. Session 1 Start: 10:00 a.m.  Session 2 Start: Will start 30 minutes after the conclusion of the first session but not before 12:00 noon | |
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| **Meet Director:** | Mary Meuret 1504 Sheridan Drive  Norfolk, NE 68701 (402) 379-0225 E-mail: mmmeuret@hotmail.com | |
| **Officials:** | Referee: Steve Marchitelli  Starter: Kent Olberding  Admin Official: Michael Meuret  Meet Marshal: Kari Calvillo | |
| **Rules**: | Current YMCA Swimming Rules will govern the conduct of this meet.  Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms or locker rooms.  Photographers taking pictures must adhere to pool policies and have advanced written permission from the Meet Director or the Meet Referee to be on deck. | |
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| **Eligibility**: | All swimmers, coaches and clubs must be currently registered with the YMCA League. Age of swimmer on Dec. 1, 2018, will determine age for the meet. | |
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| **Event Limits:** | Swimmers may enter a maximum of four (4) individual events plus two (2) relays. | |
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| **Entry Procedure:** | Entries may be submitted either in electronic format (Electronic file with hard copy) or on an Entry form. (E-mail to; [mmmeuret@hotmail.com](mailto:mmmeuret@hotmail.com) ) Please use Yard Times. | |
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| **Entry Deadline:** | 8:00 pm Friday, January 11, 2019  Late entries will be allowed at the discretion of the Meet Director | |
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| **Send Entries to:** | Mary Meuret 1504 Sheridan Drive  Norfolk, NE 68701 (402) 379-0225 E-mail: mmmeuret@hotmail.com | |
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| **Meet Conduct:** | The meet will be pre-seeded. Swimmers are responsible for being on deck on time or they will be scratched. Programs will indicate swimmer’s heat and lane. No deck seeding will be done. No Exhibition swimmers. | |
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| **Awards**: | | 1st – 6th place individual events – ribbons 1st – 3rd place relay events – ribbons |
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| **Warm-up Procedure:** | | NO DIVING will be allowed during warm-ups. Swimmers are to sit and slide entering the water. The first 30 minutes will be general warm-up. The last 30 minutes, lanes 1 & 6 will be used for racing starts – one direction only, and lanes 2 – 5 will continue to be used for general warm-up. Lane assignments will be announced before warm-ups. |
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| **Concession:** | | A CONCESSION STAND WILL BE PROVIDED AT THE MEET. Food and drink will be allowed ONLY in the concession area of the YMCA. There will be no exceptions. All coolers and drinks must be kept in the concession area. |
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| **Results:** | | Final results will be available within 48 hours after the meet. |
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| **Lockers:** | | Lockers will be provided, but keys will not be issued to out-of-town swimmers. Out-of-town swimmers may, however, use their own locks. |
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| **Team Supervision:** | | Deck changing is prohibited. Each team must provide a responsible adult to supervise the team. Only registered coaches, swimmers, officials and adult supervisors will be allowed on deck. |
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**Event List**

**Event# Age Event Name Event #**

**Girls Boys**

**Session 1 Start time: 10:00 AM**

1 Open 500 Freestyle 2

3 8 & Under 100 Medley Relay 4

5 9 & 10 200 Medley Relay 6

7 11&12 200 Medley Relay 8

9 13-14 200 Medley Relay 10

11 15 -18 200 Medley Relay 12

13 Open 50 Freestyle 14

15 8 & Under 25 Butterfly 16

17 12 & Under 50 Butterfly 18

19 Open 100 Butterfly 20

21 8 & Under 25 Backstroke 22

23 12 & Under 50 Backstroke 24

25 Open 100 Backstroke 26

**Session 2 Start time: Begins 30 minutes after conclusion of first session but not before 12:00 PM**

27 8 & under 25 Freestyle 28

29 Open 200 Freestyle 30

31 8 & Under 25 Breaststroke 32

33 12 & Under 50 Breaststroke 34

35 Open 100 Breaststroke 36

37 Open 100 Freestyle 38

39 10 & Under 100 IM 40

41 Open 200 IM 42

43 8 & Under 100 Free Relay 44

45 9&10 200 Free Relay 46

47 11 & 12 200 Free Relay 48

49 13 -14 200 Free Relay 50

51 15 – 18 200 Free Relay 52